

# A Dash of KharmalIsis

a darn good cook

REVIEW: DRESS IT UP DRESSINGS  
(@DRESSITUPSALAD)

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Because I don't want to be known as the girl who goes to Whole Foods only to sample the goodies and write about them, I have passed up a few opportunities in the past few months. That ended yesterday when due to isle gridlock I awkwardly almost ran into a table where a delightful vendor named Sophia was peddling her dressings.

Fate. If you read this blog, you have probably noticed, I have a thing for salad dressing, I really need to start pushing my own dressings (which are damn amazing) but for now, let's review **Dress It Up Dressings**.

She gave me a sample of the Chocolate Vinaigrette dressing. Yep, chocolate. I wanted to turn my nose up at first but not to be rude (and with nowhere to go – I was seriously stuck in a shopping cart jam) I tried it. WHAT? WHAAAT? Ok, I'm in. What else ya got.

I decided to purchase the Red Wine dressing even though I had already picked up my **Tessemae** Soy Ginger (thanks Tessemae for my sample basket, you got me hooked) but figured there is enough lettuce in the world for me to have two dressings at home.

I didn't even get a whole fancy salad together. I just put spring mix in a bowl and added a spoonful of Dress It Up. Next thing I know, I am dipping bread in this tangy delight and adding more lettuce, and more dressing...it was about a 30 minute cycle of happy lettuce gorging.

So, some more awesome highlights about Dress It Up....

- The packaging is awesome. & the logo is any fashionistas dream, it screams, “You, yes, you there...you love accessories, you love dresses, shoes and you are fabulous! Buy me!” As I am just starting out with my hand crafted spice blends, packaging & labeling has been a nightmare so I scan shelves to see how others use creative packaging and this is really cute and different for a salad dressing. The only issue is that it doesn’t fit on the fridge door well since its short and round and my fridge doors are cluttered with other dressings.
- But what’s this?? IT DOESN’T NEED TO BE REFRIGERATED?!?! Omg – it doesn’t need to be refrigerated!!!! It says it right there on the label. If used within 30 days, refrigeration not necessary. But who uses a whole bottle of dressing in 30 days? Ummm, I do!
- Hang onto your hats, gluten-haters! It is a gluten free, vegan product. Yep, now everyone’s happy.
- Did I mention the super cute samples she had? I thought I was doing something adorable with my spice samples (they are in little screw top tins with a label, very cute you should order some – they are \$1 but you get a \$1 off coupon for purchase of full size β-shameless plug & hyperlink). She has samples in those little hotel like ketchup bottles. Very country kitchen love. I have the Apple Cider one to try which she suggests on potato salad. No problem there.
- I love anything versatile and this doesn’t fall short. It is rich enough to be used as a marinade as well so I will have to give that a whirl.

Overall, love it. The Red Wine is pretty tangy and salad probably could use a little more substance than just lettuce to fully enjoy it but I was happy with the bread and lettuce switch off I was doing. The Chocolate Vinaigrette has a hint of chocolate in the aftermath and is delectably fun. I think this a great hostess gift for any Inauguration party you may be attending this weekend – for which I have two and am headed back to Whole Foods to pick some up.

Sometimes an awkward run in, is a good thing – this is being added to my [Stuff I Like & Think You Might Too](#) page for sure!

Enjoy!